

**Dr Michele Lastella**

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Head Coach (Women)  
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To whom it may concern,

This recommendation letter is to provide support for Aimee Benton. Aimee has been a key member of our elite player pathway program for over 5 years now (National Training Centre, South Australia). Over the past two seasons, I have seen Aimee grow in both stature and as a person. Her commitment to training and improving as a goalkeeper has been impressive. In terms of attitude and humility, Aimee is first class and I continuously commend her for being hard-working, disciplined, and humble. In the face of setbacks, Aimee has the ability to knuckle down and refocus. To this end, she shows a great level of resilience to adversity.

I can say with absolute certainty that Aimee will continue to progress as a goalkeeper and a person. There is no doubt she is fantastic for a team perspective and a very coachable athlete. If you have any further questions, please do not hesitate to reach out.

Yours in Sport



Dr Michele Lastella

